

## Young Adults and Mental Illness: Resources for Seeking Help

Please note: The Carter Center Mental Health Program does not provide treatment or services for individuals with mental health concerns. Our experts cannot provide medical advice.

## **Local Services and Organizations**

Crises/Referrals:

Georgia Crisis and Access Line: 1-800-715-4225

Advocacy/Support Group Information:

National Alliance on Mental Illness (NAMI) Georgia: 770-243-0855; www.namiga.org

Mental Health America (MHA) Georgia: 404-527-7175; www.ciclt.net/nmhag

Support Services (housing, employment, transportation, Social Security, disability, etc...):

Georgia Constituent Services: 404-657-5964

National Disability Rights Network (Georgia): http://www.ndrn.org/en/ndrn-member-agencies/georgia.html

## **National Services and Organizations**

Crises/Referrals:

Suicide Prevention Lifeline: 1-800-273-TALK (8255) 24/7 Treatment Referral Line: 1-800-662-HELP (4357)

Disaster Distress Helpline: 1-800-985-5990 OR text TalkWithUs to 66746

<sup>&</sup>quot;Waging Peace, Fighting Disease, Building Hope."